


February 2012




Studio Hours:
M-Sat. 4:00pm-10:00pm
Sun. CLOSED

Sun Mon Tue Wed Thu Fri Sat

 <p>Zumba BASIC® is for those with experience in either Zumba® or other workout systems (one hour class)</p>		<p>1 9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>2 8:00pm Zumba TONING®</p>	<p>3 6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>4 9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>	
 <p>Zumba GOLD® is for those who are beginners & the active older adult (one hour class)</p>	<p>5 5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>6 9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>7 9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>8 8:00pm Zumba TONING®</p>	<p>9 6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>10 9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>
 <p>Zumba TONING® is designed to sculpt the body by using maraca-like toning sticks</p>	<p>11 5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>12 9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>13 9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>14 8:00pm Zumba TONING®</p>	<p>15 6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>16 9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>
 <p>Zumbatomic® is designed for kids ages 4-12 and uses moves combined with games</p>	<p>17 5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>18 9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm BURN OFF THE PAČZKI ZUMBA® OPEN HOUSE!</p> 	<p>19 9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>20 8:00pm Zumba TONING®</p>	<p>21 6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>22 9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>

26  Lil' Starz = Ages 4-7 (30 minute class)

27  Big Starz = Ages 8-12 (45 minute class)

27 5:00pm
Zumbatomic® Big Starz

6:00pm
Zumba GOLD®

7:00pm
Zumba BASIC®

28 9:00am
Zumba BASIC®

10:00am
Zumba GOLD®

8:00pm
Zumba GOLD®

29 9:00am
Zumba TONING®

10:00am
Zumba BASIC®

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