

January 2012



Ballroom and Latin Dance Studio



Studio Hours:
M-Sat. 4:00pm-10:00pm
Sun. CLOSED

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>1</p>  <p>Zumba BASIC® is for those with experience in either Zumba® or other workout systems (one hour class)</p>	<p>2</p> <p>CLOSED</p>	<p>3</p> <p>9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>4</p> <p>NO ZUMBA®!</p>	<p>5</p> <p>8:00pm Zumba TONING®</p>	<p>6</p> <p>6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>7</p> <p>9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>	
<p>8</p>  <p>Zumba GOLD® is for those who are beginners & the active older adult (one hour class)</p>	<p>9</p> <p>5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>10</p> <p>9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>11</p> <p>9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>12</p> <p>8:00pm Zumba TONING®</p>	<p>13</p> <p>6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>14</p> <p>9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>	
<p>15</p>  <p>Zumba TONING® is designed to sculpt the body by using maraca-like toning sticks (one hour class)</p>	<p>16</p> <p>5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>17</p> <p>9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>18</p> <p>9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>19</p> <p>NO ZUMBA®!</p>	<p>20</p> <p>6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>21</p> <p>9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>	
<p>22</p>  <p>Zumbatomic® is designed for kids ages 4-12 and uses moves combined with games</p>	<p>23</p> <p>5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>24</p> <p>9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>25</p> <p>9:00am Zumba TONING®</p> <p>10:00am Zumba BASIC®</p>	<p>26</p> <p>8:00pm Zumba TONING®</p>	<p>27</p> <p>6:30am Zumba BASIC®</p> <p>7:30am Zumba GOLD®</p>	<p>28</p> <p>9:00am Zumba GOLD®</p> <p>10:00am Zumba BASIC®</p> <p>11:00am Zumbatomic® Lil' Starz</p>	
<p>29</p> <p>Lil' Starz =  Ages 4-7 (30 minute class)</p> <p>Big Starz =  Ages 8-12 (45 minute class)</p>	<p>30</p> <p>5:00pm Zumbatomic® Big Starz</p> <p>6:00pm Zumba GOLD®</p> <p>7:00pm Zumba BASIC®</p>	<p>31</p> <p>9:00am Zumba BASIC®</p> <p>10:00am Zumba GOLD®</p> <p>8:00pm Zumba GOLD®</p>	<p>Ditch the workout, Join the party®!</p>			<p>3180 W. Silver Lake Rd. Fenton, MI 48430 (810) 750-1360 www.zumbafenton.com</p>	